

Kindergarten

<u>Unit Number</u>	<u>Unit Name</u>
1.	Injury Prevention and Personal Safety
2.	Functions of the Body
3.	Nutrition
4.	Community Health & Safety
5.	Keeping Us All Safe and Well
6.	Health Helpers: Going to the Doctor and Dentist
7.	Feeling Sick and Illness Prevention
8.	Environmental and Consumer Health
9.	Physical Fitness Plan

Grade One

<u>Unit Number</u>	<u>Unit Name</u>
1.	Injury Prevention and Personal Safety
2.	Functions of the Body
3.	Nutrition
4.	All About Medicine
5.	Emotional Wellness: Being a good listener
6.	Feeling Happy, Feeling Sad
7.	Illness Prevention: Get well soon!
8.	Environmental and Consumer Health: Air!
9.	Physical Fitness Plan

Grade Two

<u>Unit Number</u>	<u>Unit Name</u>
1.	Injury Prevention and Personal Safety
2.	Our Amazing Body I: The Brain!
3.	Nutrition: So Many Foods to Enjoy!
4.	Our Amazing Body II: The Heart!
5.	Safety, Fear, and Emotional and Social Wellness
6.	Growth & Development
7.	Substance Abuse Prevention
8.	Germs Make us Sick!
9.	Our Amazing Body III: Our Skin!
10.	Physical Fitness

Grade Three

<u>Unit Number</u>	<u>Unit Name</u>
1.	Staying Safe at Home and Away
2.	Functions of the Body - The Better to See You!
3.	Nutrition - Let's Eat!
4.	Community Health - Cities and Towns
5.	Emotional Health - I like your attitude!
6.	Substance Abuse Prevention - Nicotine
7.	Staying Healthy
8.	When Bodies Have Challenges
9.	Our Amazing Body III: Our Skin!
10.	Physical Fitness

Grade Four

<u>Unit Number</u>	<u>Unit Name</u>
1.	Injury Prevention and Personal Safety
2.	Functions of the Body
3.	Nutrition
4.	Community Health & Safety
5.	Self-Worth, Mental, and Emotional Health
6.	Personal Cleanliness
7.	Substance Abuse Prevention
8.	Disease and Illness Prevention
9.	Environmental and Consumer Health
10.	Physical Fitness

Grade Five

<u>Unit Number</u>	<u>Unit Name</u>
1.	First Aid, Injury Prevention, Personal Safety
2.	Nutrition and Physical Fitness
3.	Functions of the Body - your Brain
4.	Community Health and Safety
5.	Emotional Health and Wellness
6.	Disease and Illness Prevention
7.	Substance Abuse Prevention
8.	Growth and Development
9.	Environmental and Consumer Health

Grade Six

<u>Unit Number</u>	<u>Unit Name</u>
1.	First Aid, Injury Prevention, Personal Safety
2.	Understanding your Cells
3.	Nutrition
4.	Community Health and Safety
5.	Self-Worth, Mental and Emotional Wellness
6.	Substance Abuse Prevention
7.	Disease & Illness Prevention
8.	Environmental and Consumer Health
9.	Physical Fitness