

# ACT OF KINDNESS ASSIGNMENT

Instead of completing homework this week, complete two acts of KINDNESS! Let's focus our efforts this week on helping others and spreading our kindness. Spreading kindness is beneficial to everyone involved!

Think about the impact of 2 acts of kindness in our community! Let's practice our kindness spreading skills!

Our KINDNESS SQUAD can make the world a better place!

Here are some examples you could use, be creative and get parent permission first.

- Walk someone's dog
- Help a neighbor
- Complete an extra chore
- Read a book to a younger sibling
- Clean up the trash on your street
- Deliver a card/note to a neighbor
- Call someone to tell them you're thinking of them
- Write a thank you note to someone
- Complete an extra chore around the house
- Help someone unload their groceries

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Make someone's day or bring a smile to someone's face!

If your family wants to join in on the assignment, all are welcome!  
If you have any questions, please feel free to contact me.

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Act of kindness completed: \_\_\_\_\_

How did this act make you feel? \_\_\_\_\_

Name: \_\_\_\_\_

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How did this act make you feel? \_\_\_\_\_

Name: \_\_\_\_\_